



# HARMONY SCIENCE ACADEMY-AUSTIN

930 E. Rundberg Ln. Austin, TX, 78753 Tel: 512.835.7900 Fax: 512.835.7901

October 5, 2011

## Wednesday Folder

Dear Parents/Guardians...

Every Wednesday, you will receive "Wednesday Mail". In Wednesday mails, you will find information about HSA, school activities, your child's progress report, discipline report, and other documents that HSA wants to inform you about.

On Wednesdays at homeroom time, we will pass out Wednesday Mail to our students and your child will bring it to home. On the first page, you will see the list of documents that you will receive for that week. Please verify if you have all the documents, sign the first page and the discipline report and give it to your child. Your child should return the signed first page and the discipline report to his/her teacher on Thursday morning. If it is not turned in on time or if it is not signed by you, he/she will receive 1 DPS point for each school day until it is returned. Please remind your child to turn it in on time.

We believe Wednesday Mail is a good way to communicate with you. Ask your child about it every Wednesday evening.

Thank you for your support,  
Mrs. Rieger, Dean of Discipline K-8

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In this Wednesday Mail, you will find:

1. Wednesday Mail letter
2. Notes to Parents & Activities Calendar
3. October Meal Menu
4. Discipline Report (Must be Signed and Returned)

I, parent/guardian of \_\_\_\_\_ in \_\_\_\_\_ (grade)  
received Wednesday Mail including all the documents listed above.

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Signature

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Date

Note: Your child should turn in this page to his/her homeroom teacher on Thursday morning. Not turning in on time will result 1 DPS point for each school day until it is received by the homeroom teacher.

Wednesday Mail is online: [http://www.hsaaustin.org/webshare/wednesday\\_folder/](http://www.hsaaustin.org/webshare/wednesday_folder/) or go to school website: [www.hsaaustin.org](http://www.hsaaustin.org) On the left side, under **ACADEMICS**, click on **WEDNESDAY MAIL**.



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### **Notes to Parents:**

**K-3 Parents:** This year we will be having students have two scheduled restroom breaks throughout the school day. If your child has needs to use the restroom more frequently then please send a note with your child to school. The teachers will keep it on file and allow students to go when needed.

**School Lunches and Food Brought to School:** Texas law states that no outside food or beverages are allowed in the school cafeteria. Due to this law we will no longer allow students to bring and share items during the lunch hour. This includes fast food, cookies, cakes, and candies. There will be no exceptions. For more information visit:

[http://www.squaremeals.org/fn/home/page/0.1248.2348\\_0\\_0\\_0.00.html](http://www.squaremeals.org/fn/home/page/0.1248.2348_0_0_0.00.html)

#### **Message from front office:**

- No cash
- Please check your mail to see if you received refund forms
- Students have received their school id and they must keep them with them at all times.
- Lunch line policy: if you don't have your Id you will go to the back of the line
- Id replacements: \$3
- Starting Monday 9/26 If your child owes \$10 or more they will not receive school lunch

### **October Activities Calendar:**

10/17-10/21 Book Fair

10/18 Family Literacy Night 5:30-8:00PM

October

School Menu

Breakfast Menu

2011

Monday	Tuesday	Wednesday	Thursday	Friday
3 1 oz Cereal Graham Cracker 4 Fl. Oz. Juice Milk	4 Bean & Cheese Taco 4 Fl. Oz. Juice Milk	5 1 oz Cereal Graham Cracker 4 Fl. Oz. Juice Milk	6 2 French Toasts 4 Fl. Oz. Juice Milk	7 1 oz Cereal Graham Cracker 4 Fl. Oz. Juice Milk
10 1 oz Cereal Graham Cracker 4 Fl. Oz. Juice Milk	11 2 Pancakes 4 Fl. Oz. Juice Milk	12 1 oz Cereal Graham Cracker 4 Fl. Oz. Juice Milk	13 2 Waffles 4 Fl. Oz. Juice Milk	14 1 oz Cereal Graham Cracker 4 Fl. Oz. Juice Milk
17 1 oz Cereal Graham Cracker 4 Fl. Oz. Juice Milk	18 2 Biscuits Jelly 4 Fl. Oz. Juice Milk	19 1 oz Cereal Graham Cracker 4 Fl. Oz. Juice Milk	20 2 French Toasts 4 Fl. Oz. Juice Milk	21 1 oz Cereal Graham Cracker 4 Fl. Oz. Juice Milk
24 1 oz Cereal Graham Cracker 4 Fl. Oz. Juice Milk	25 Egg and Cheese Biscuit 4 Fl. Oz. Juice Milk	26 1 oz Cereal Graham Cracker 4 Fl. Oz. Juice Milk	27 2 Pancakes 4 Fl. Oz. Juice Milk	28 1 oz Cereal Graham Cracker 4 Fl. Oz. Juice Milk
31 1 oz Cereal Graham Cracker 4 Fl. Oz. Juice Milk				

\*Milk is included with all meals. Menu Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
3 Beef Meatball Sub Green Beans Hot Dog Bun Apple Graham Cracker	4 Chicken Nuggets Macaroni & Cheese Mixed Veggies Orange Ketchup	5 Crispy Taco Spanish Rice Beans Salad Apple	6 Chicken Burger French Fries Mixed Veggies Orange Ketchup, Mustard	7 Cheese Pizza Carrot Sticks Banana Ranch Dressing
10 <b>Columbus Day!</b> Spaghetti w/ Beef Meatballs Green Beans Apple Bread Slice	11 Teriyaki Chicken Steamed Rice Asian Veggies Orange	12 Beef & Bean Burrito Spanish Rice Salad Apple	13 Beef Hamburger Tater Tots Salad w/ Pickle Orange Mustard, Ketchup	14 Turkey Hot Dog w/ Chili Carrot Sticks Banana Ranch Dressing
17 Chicken Parmesan Noodles Green Beans Apple	18 Salisbury Steak Mashed Potatoes Corn Brown Gravy Orange	19 Chicken Fajita Pinto Beans Spanish Rice Apple Flour Tortilla	20 Fish Burger French Fries Corn Orange Ketchup	21 Cheese Pizza Carrot Sticks Banana Ranch Dressing
24 Spaghetti w/ Beef Meatsauce Green Beans Apple Bread Slice	25 Beef Sausage on a Bun Baked Beans Orange Mustard	26 Beef Nachos Pinto Beans Spanish Rice Apple	27 Corn Turkey Dog Tater Tots Carrot Coins Orange Mustard, Ketchup	28 Turkey Hot Dog w/ Chili Carrot Sticks Banana Ranch Dressing
31 <b>Halloween!</b> Beef Meatball Sub Green Beans Hot Dog Bun Apple				